

## ZANE walk 2014

### Ambleside - Oxford

The aim is to start at 9am each day

The walk mobile is 07981 859 438.

Please call this number during the walk if you wish to meet up to walk with Tom.

destination	arrival date	distance from last stop	running total	stopping/ meeting point for next day
Ambleside	Day 1 - M 30 Jun	0	0	White Platts Recreation Ground LA22 0BT
Waterhead	Day 1 - M 30 Jun			
Town End	Day 1 - M 30 Jun			
Grassgarth	Day 1 - M 30 Jun			
Staveley	Day 1 - M 30 Jun			
Bowston	Day 1 - M 30 Jun			
Burneside	Day 1 - M 30 Jun			
Kendal	Day 1 - M 30 Jun/ Day 2 - Tu 1 Jul	13.57	13.57	St Thomas Church, Stricklandgate LA9 4QG
Oxenholme	Day 2 - Tu 1 Jul			
Old Hutton	Day 2 - Tu 1 Jul			
Mansergh	Day 2 - Tu 1 Jul			
	Day 2 - Tu 1 Jul			
Kirkby Lonsdale	3- W 2 Jul	12.68	26.25	Bentinck Dr LA6 2DE
Nether Burrow	Day 3- W 2 Jul			
Tunstall	Day 3- W 2 Jul			
Wrayton	Day 3- W 2 Jul			
Melling	Day 3- W 2 Jul			
Wennington	Day 3- W 2 Jul			
Wray	Day 3- W 2 Jul			
Farleton	Day 3- W 2 Jul			

Cloughton	Day 3- W 2 Jul/ Day 4 - Th 3 Jul	12.05	38.3	The Fenwick Arms, Lancaster Rd LA2 9LA
Caton	Day 4 - Th 3 Jul			
Crossgill	Day 4 - Th 3 Jul			
Baines Cragg	Day 4 - Th 3 Jul			
Quernmore	Day 4 - Th 3 Jul			
Higher Moore Head	Day 4 - Th 3 Jul			
Lentworth Hall	Day 4 - Th 3 Jul			
Swainshead Halt	Day 4 - Th 3 Jul			
nr Dolphinhome	Day 4 - Th 3 Jul/ Day 5 - F 4 Jul	13.07	51.37	Jn Long Ln and Tinkers Ln by Stone House, LA2 9DL, UK -- approximate address
Braken Lea	Day 5 - F 4 Jul			
Crosshill Farm	Day 5 - F 4 Jul			
Oakenclough	Day 5 - F 4 Jul			
Whitechapel	Day 5 - F 4 Jul			
Longridge	Day 5 - F 4 Jul/ Day 6 - Sa 5 Jul	14.16	65.53	Jn Preston Rd B6245 & Woods Brow
Stydd	Day 6 - Sa 5 Jul			
Lower Madgell Bank	Day 6 - Sa 5 Jul			
Mire Fold	Day 6 - Sa 5 Jul			
Top of Ramsgreave	Day 6 - Sa 5 Jul			

Four Lane Ends, Blackburn	Day 6 - Sa 5 Jul			
Whinny Heights, Blsckburn	Day 6 - Sa 5 Jul			
Grimsaw	Day 6 - Sa 5 Jul			
Darwen	Day 6 - Sa 5 Jul/ Day 8 - M 7 Jul	12.95	78.48	Crossroads Marsh House Ln & Blacksnape Rd, by playground BB3 3LJ
DAY OFF	Day 7 - Su 6 Jul		78.48	
Blacksnape	Day 8 - M 7 Jul			
Whittlestone Head	Day 8 - M 7 Jul			
Edgworth	Day 8 - M 7 Jul			
Hawkshaw	Day 8 - M 7 Jul			
Tottington	Day 8 - M 7 Jul			
Ainsworth	Day 8 - M 7 Jul			
Radcliffe, Bolton	Day 8 - M 7 Jul/ Day 9 - Tu 8 Jul	12.47	90.95	The Hare & Hounds, 170 Outwood Road M26 1BG
Clifton Jn, Prestwich	Day 9 - Tu 8 Jul			
Swinton	Day 9 - Tu 8 Jul			
Eccles	Day 9 - Tu 8 Jul			
The Trafford Centre, Manchester	Day 9 - Tu 8 Jul			
Flixton	Day 9 - Tu 8 Jul			
Trafford, Sale	Day 9 - Tu 8 Jul/ Day 10 - W 9 Jul	12.69	103.64	Manor High School, Manor Ave, Sale M33 5JX
Brooklands	Day 10 - W 9 Jul			
Northern Moor	Day 10 - W 9 Jul			
Gatley	Day 10 - W 9 Jul			

Heald Green	Day 10 - W 9 Jul			
Handforth	Day 10 - W 9 Jul			
Dean Row	Day 10 - W 9 Jul			
Top o th' Hill	Day 10 - W 9 Jul			
Adlington	Day 10 - W 9 Jul/ Day 11 - Th 10 Jul	14.33	117.97	Proctor, Emerson Communications House. Bonis Hall, Bonis Hall Lane SK10 4EF
Bollington	Day 11 - Th 10 Jul			
Brookhouse	Day 11 - Th 10 Jul			
Walker Barn	Day 11 - Th 10 Jul			
Clough Ho	Day 11 - Th 10 Jul			
nr Knotbury	Day 11 - Th 10 Jul/ Day 12 - F 11 Jul	13.17	131.14	YHA Gradbach, Gradbach Mill, Buxton SK17 0SU
Cut-thorn	Day 12 - F 11 Jul			
Adder's Green	Day 12 - F 11 Jul			
Upper Elkstone	Day 12 - F 11 Jul			
Butterton	Day 12 - F 11 Jul			
Grindon	Day 12 - F 11 Jul			
Throwley Hall, nr Grindon	Day 12 - F 11 Jul/ Day 13 - Sa 12 Jul	12.89	144.03	Throwley Hall Farm, Ilam DE6 2BB
Rushley	Day 13 - Sa 12 Jul			
Llam	Day 13 - Sa 12 Jul			
Mapleton	Day 13 - Sa 12 Jul			

Ashbourne	Day 13 - Sa 12 Jul			
Osmaston	Day 13 - Sa 12 Jul			
Shirley	Day 13 - Sa 12 Jul			
Longford	Day 13 - Sa 12 Jul/ Day 15 - M 14 Jul	13.45	157.48	Where footpath mts Longford Ln, opp. Bupton Farm, Longford DE6 3DT
DAY OFF	Day 14 - Su 13 Jul		157.48	
Sutton on the Hill	Day 15 - M 14 Jul			
Burntheath	Day 15 - M 14 Jul			
Hilton	Day 15 - M 14 Jul			
Egginton	Day 15 - M 14 Jul			
Newton Solney	Day 15 - M 14 Jul			
Bretby	Day 15 - M 14 Jul			
Swadlincote	Day 15 - M 14 Jul/ Day 16 - Tu 15 Jul	13.64	171.12	Jn Robinson Rd/ High Street DE11 0HT
Overseal	Day 16 - Tu 15 Jul			
Netherseal	Day 16 - Tu 15 Jul			
Chilcote	Day 16 - Tu 15 Jul			
No Man's Heath	Day 16 - Tu 15 Jul			
Warton	Day 16 - Tu 15 Jul/ Day 17 - W 16 Jul	12.69	183.81	Warton Post Office & General Store B79 0HN
Grendon	Day 17 - W 16 Jul			
Baxterley	Day 17 - W 16 Jul			
Oldbury	Day 17 - W 16 Jul			
Ansley	Day 17 - W 16 Jul			
Astley	Day 17 - W 16 Jul/ Day 18 - Th 17 Jul	12.5	196.31	Outside Children's nursery, Castle Drive CV10 7QD

Keresley	Day 18 - Th 17 Jul			
Whitmore Park, Coventry	Day 18 - Th 17 Jul			
Coventry Cathedral	Day 18 - Th 17 Jul			
Cheylesmore	Day 18 - Th 17 Jul			
Stivichall	Day 18 - Th 17 Jul			
Baginton, Coventry	Day 18 - Th 17 Jul/ Day 19 - F 18 Jul	12.39	208.7	Lunt Roman Fort, Coventry Rd CV8 3A
Werherley	Day 19 - F 18 Jul			
Offchurch	Day 19 - F 18 Jul			
Ufton	Day 19 - F 18 Jul			
Harbury	20 - Sa 19 Jul	12.04	220.74	Kingston Farm, CV33 9LH
Kingston Barn	Day 20 - Sa 19 Jul			
Northend	Day 20 - Sa 19 Jul			
Burton Dassett	Day 20 - Sa 19 Jul			
Avon Dassett	Day 20 - Sa 19 Jul			
Warmington	Day 20 - Sa 19 Jul			
Shotteswell	Day 20 - Sa 19 Jul			
Hanwell	Day 20 - Sa 19 Jul			
Hardwick, Banbury	Day 20 - Sa 19 Jul/ Day 22 - M 21 Jul	13.99	234.73	Jn Rosedale Ave/ Highlands OX16 1FL
DAY OFF	Day 21 - Su 20 Jul		234.73	
Bodicote	Day 22 - M 21 Jul			
Milton	Day 22 - M 21 Jul			
Deddington	Day 22 - M 21 Jul			
North Aston	Day 22 - M 21 Jul			
Steeple Aston	Day 22 - M 21 Jul			
Lower Heyford	Day 22 - M 21 Jul/ Day 23 - Tu 22 Jul	13.82	248.55	B4030 Bridge over canal and railway OX25 5PD
Northbrook	Day 23 - Tu 22 Jul			

Nethercott	Day 23 - Tu 22 Jul			
Pigeon Lock	Day 23 - Tu 22 Jul			
Enslow	Day 23 - Tu 22 Jul			
Shipton Manor	Day 23 - Tu 22 Jul			
Thrupp	Day 23 - Tu 22 Jul			
Kidlington	Day 23 - Tu 22 Jul			
Wolvercote	Day 23 - Tu 22 Jul			
Oxford	Day 23 - Tu 22 Jul	14.5	263.05	Martyr's Memorial, St Giles OX1 3JP

